

### Welcome to our GUIDE TO NASH







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## WELCOME TO NASHVILLE

Hey, Babe!

You ready to explore
Nashville like an insider?
We compiled our most
favorite places and things
to do in the city, so all you
need to think about is the
fun you'll have!

Our Guide to Nashville is a mix of everything, so your days can be filled with the best experiences, from morning till night.

Now, what are you waiting for?
Music City is calling!



GUIDE TO NASH

COFFEE

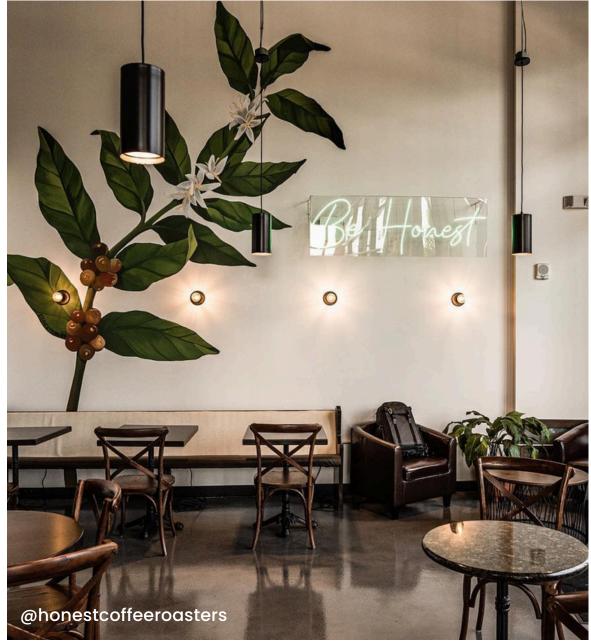


BUTFIRST, COFFEE

...Obviously! We need you bright-eyed and energized for all that Nashville has to offer. Why not make the coffee so, so good while caffeinating?! It helps that our most beloved coffee shops have locations scattered all around the city.

GUIDE TO NASH

COFFEE



### HONEST COFFEE ROASTERS

Honest Coffee Roasters promises their coffee "does as much good as it tastes." By responsibly sourcing their coffee directly from farmers across the globe and then roasting it locally in Middle Tennessee, Honest Coffee is able to serve an ethical but also delicious cup of coffee. If coffee isn't your cup of tea, they have equally delicious matcha and chai as well.

www.honest.coffee



### BARISTA PARLOR

The benefit of having three locations of Barista Parlor around Nashville? There are several opportunities to sip their signature lattes (like, Whiskey Caramel and Bourbon Vanilla), nosh on a biscuit, bagel or burrito and take in the chill vibe within their hip converted garage interiors.

<u>baristaparlor.com</u>



### KILLEBREW COFFEE

Located on the ground floor of the Thompson Nashville, Killebrew is a neighborhood coffee shop serving up a variety of coffee, tea, grab-n-go options and pastries. the shop takes its name after J.B. Killebrew, new south advocate and first Tennessee commissioner of agriculture.

401 llth Ave S, Nashville, TN 37203 <u>www.killecoffee.com</u> GUIDE TO NASH

PLACES TO EAT



### FOOD FAVES

Nashville's food scene is a vibrant and eclectic mix of Southern traditions, global influences, and innovative culinary creations. Known for its rich musical heritage, the city has also become a culinary destination in recent years, offering a diverse range of dining experiences that cater to every palate. Here's a glimpse into what makes Nashville's food scene so unique.

GUIDE TO NASH

WINE & LITE BITES



### CULTURE & CO

Cheese, please! This dining experience located within the L&L Market features a conveyor belt that delivers artisan American cheese with seasonal food pairings. Select a glass of wine and create your own charcuterie board with this interactive dining experience!

3820 Charlotte Ave #134, Nashville, TN 37209 <u>www.cultureandco.com</u>



### LOVE LANGUAGE

Get those phones out, because this restaurant's decor, cocktails and food are Insta-worthy! And also taste great! This multi-level establishment features a restaurant with influences from Spain, France and Italy (with a southern twist), a pizza bar and an event performance space.

9ll 20th Ave S, Nashville TN 372l2 <u>lovelanguagenash.com</u>



### BARCELONA WINE BAR

Barcelona Wine Bar is a vibrant and inviting tapas restaurant that celebrates the flavors of Spain. With its extensive wine list, authentic Spanish dishes, and a warm, bustling atmosphere, it's a beloved spot for both wine aficionados and foodies looking to savor the tastes of the Mediterranean in the heart of the city.

1200 Villa Pl., Suite IIO Nashville, TN 372I2 barcelonawinebar.com/location/nashville GUIDE TO NASH

CLASSY FOOD SPOTS







### BOURBON STEAK

Bourbon Steak in Nashville is a premier steakhouse known for its exceptional cuts of meat and upscale dining experience. With a refined ambiance, an impressive selection of bourbons, and a menu featuring top-quality steaks, it's the perfect destination for those seeking a memorable and indulgent culinary evening.

2018th Ave S 34th Floor, Nashville, TN 37203 nashvillebourbonsteak.com

### BUTCHER & BEE

Butcher & Bee is a culinary gem known for its creative approach to farm-to-table dining. With a constantly evolving menu that highlights seasonal and locally sourced ingredients, it offers a unique and vibrant dining experience that has earned it a special place in the city's culinary scene.

902 Main St, Nashville, TN 37206 www.butcherandbee.com/nashville

### THE CHEF & I

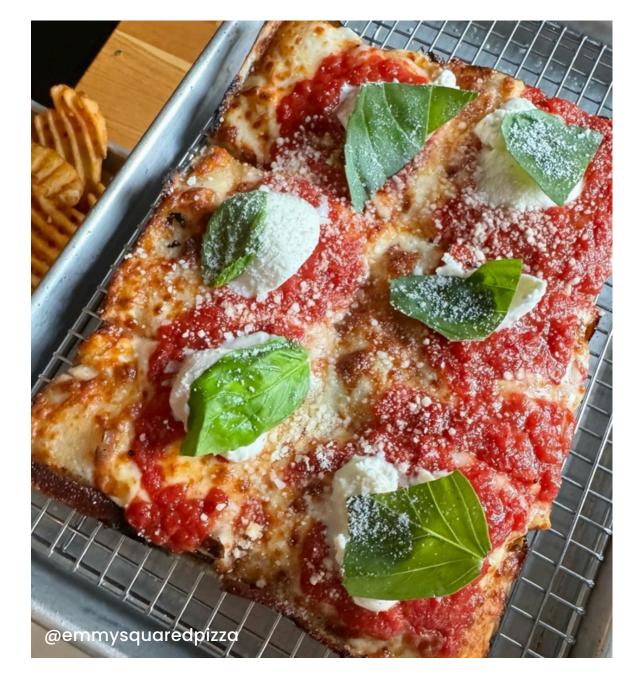
Consider it dinner and a show! This Midtown fine dining restaurant provides guests with an interactive culinary experience, drawing back the curtain to immerse diners into their show kitchen as chefs prepare their meal. There are tons of cooking classes to choose from as well as team-building competitions.

1922 Adelicia St, Nashville, TN 37212 www.theche f andinashville.com GUIDE TO NASH

CASUAL FOOD SPOTS







### MARTIN'S BAR-B-QUE

Martin's Bar-B-Que is a revered barbecue joint that serves up some of the city's finest smoked meats. With its authentic pit-smoking techniques, a mouthwatering variety of sauces, and a laid-back atmosphere, it's a must-visit for anyone craving the rich and savory flavors of Southern barbecue in Nashville.

410 4th Avenue South Nashville, TN 37201 www.martinsbbq joint.com/visit/#tn

### PARTY FOWL

This lively and energetic restaurant is known for its hot chicken creations that pack a spicy punch. With a diverse menu ranging from traditional hot chicken to inventive twists like "hot chicken and waffles," it's a popular destination for those seeking a taste of Nashville's famous culinary tradition with a side of Southern hospitality.

719 8th Avenue South Nashville, TN 37203

part y f owl.com

### EMMY SQUARED

This may be Nashville, but Detroit is in the house! Detroit-style pizza, that is. Their pizza with unique flavors and themes are their signature, but don't sleep on their burgers either (voted '#1 Best Burger in Nashville' by The Tennessean and Nashville Lifestyles). With 8 locations across the country, it's no wonder they have a cult-like following!

404 12th Avenue South, Nashville, TN 37203 www.emmysquaredpizza.com/location/the-gulch

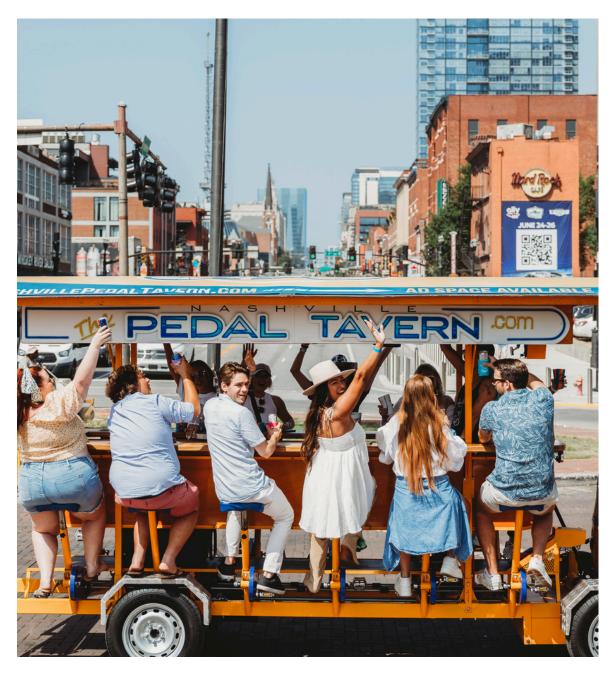
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THINGS TO DO



### THE LIST IS ENDLESS ...

Nashville offers a wide variety of activities and attractions to suit the interests of residents and visitors alike. Our unique blend of history, music, arts, and culture, along with welcoming Southern hospitality, make Nashville a destination with a wide range of activities for visitors of all interests. Whether you're an art enthusiast, a music lover, a history buff, or an outdoor adventurer, Nashville has something to offer. Beyond its legendary music scene, here's a glimpse into the diverse range of things to do in Nashville.







### NASHVILLE PEDAL TAVERN

Nashville Pedal Tavern is the city's original, longest-running and biggest bike operator, delivering an unforgettable experience on a fleet of 13 human-propelled pedal carriages. Take in the spectacle of Lower Broadway while becoming the spectacle on one of our Nashville Pedal Tavern bikes. Riders can enjoy beverages while pedaling to the beat of live music along the backdrop of the hottest bars on the Honky Tonk Highway.

www.nashvillepedaltavern.com

### NASHVILLE TOONS

Trade in the sounds of Music City for lake life on an oversized double-decker pontoon with Nashville Toons. No need to deal with sourcing the right boat and delegating a captain: Nashville Toons makes it all hassle-free. In addition to a dedicated host/hostess to ensure the safety of guests and an experienced driver to navigate around the lake. The custom-built boats were meticulously designed to maximize guests' experience and convenience; amenities include built-in coolers, wood bars, fresh ice, a state of the art sound system, water slides, floaties, a lily pad and a fully-stocked on-board private bathroom.

<u>nashvilletoons.com</u>

### RIVER QUEEN VOYAGES

Ditch the crowds on Broadway and see the famous Nashville Skyline from a different viewpoint: on the water! River Queen Voyages, voted the "Best Outdoor Activity" in Nashville i 2022, offers a slew of fun water-based adventures. Located right by Nissan Stadium, this female-owned company offers excursions like kayak rentals, a river scavenger hunt with a certified river guide, a 4-person pedal kayak and Nashville's only pedal pontoon!

<u>riverqueenvo yages.com</u>







### PHOTOWALK NASHVILLE

What better way to end a memorable day of pampering and new outfits than a professional photoshoot with your crew? A fun, local photographer will take you to the most photogenic places around Nashville and pose you to capture iconic photos of your crew. The best part? They get all the right angles for killer social media pics.

photowalknashville.com

### FACE FOUNDRIE

While there is nothing more luxurious than a preplanned spa-day, the luxury many of us cannot afford is time. The founder of Face Foundrié recognized that there was a need for walk-in, sameday skincare services with flexible business hours, so she opened the all-inclusive facial bar, The Face Foundrié. Specializing in facials, lashes, brows and skincare, the estheticians are conscious of the way our skin changes throughout our life, making skincare approachable, customizable and accessible.

www.facefoundrie.com/location/nashville

### PADDYWAX CANDLE BAR

While there is nothing more luxurious than a preplanned spa-day, the luxury many of us cannot afford is time. The founder of Face Foundrié recognized that there was a need for walk-in, sameday skincare services with flexible business hours, so she opened the all-inclusive facial bar, The Face Foundrié. Specializing in facials, lashes, brows and skincare, the estheticians are conscious of the way our skin changes throughout our life, making skincare approachable, customizable and accessible.

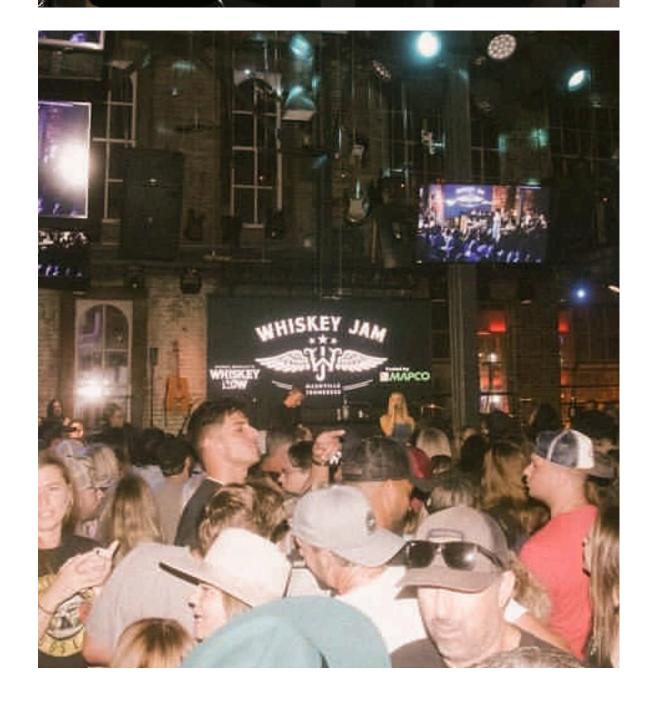
thecandlebar.co

GUIDE TO NASH

WHISKEY & WINE



# LIQUOR LAB NASHVILLE



### ARRINGTON VINEYARD

Arrington Vineyards is a picturesque winery nestled in the rolling hills of the Tennessee countryside. Founded by country music superstar Kix Brooks, this vineyard offers a serene escape where visitors can savor exceptional wines, soak in breathtaking views, and enjoy live music in a charming and relaxed setting.

arringtonvine yards.com

### LIQUOR LAB

Liquor Lab is Nashvilles' #1 mixology experience. Our world-class bartenders will guide you through the process, sharing the secrets behind shaking and stirring the perfect drink. Nestled in the heart of Music City, Liquor Lab is perfect for any occasion, whether you're a seasoned cocktail connoisseur or a complete novice, looking for a birthday event or date night, our hands-on journey guarantees to elevate your spirits and leave you wowed. Mix up your night and head to Nashville's premier mixology experience.

<u>liquorlab.com</u>

### WHISKEY JAM

Whiskey Jam is the ultimate destination for music and whiskey enthusiasts alike. Held every Monday night at a popular local venue, it's a dynamic showcase of emerging and established country artists, where guests can enjoy live performances and a diverse selection of whiskey in the heart of Music City.

www.whiskeyjam.com

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PLACES TO STAY

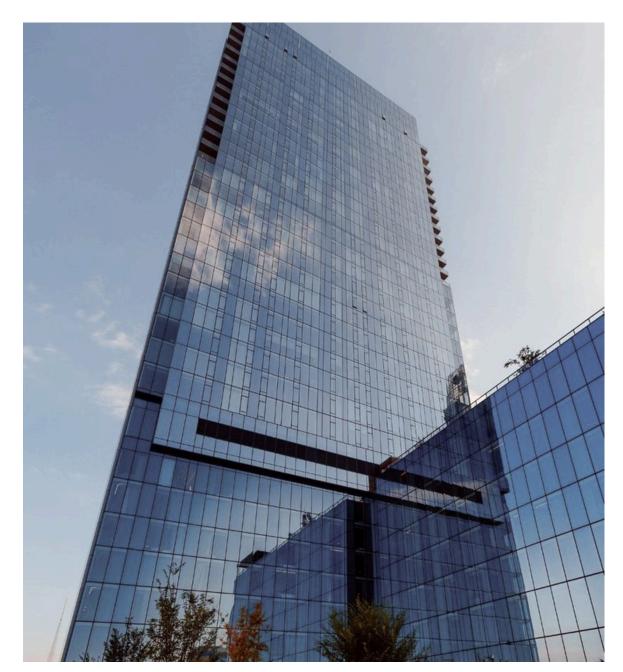


### HOTEL RECS

Nashville is a vibrant and exciting destination that offers an array of options for travelers seeking a memorable stay. Whether you're visiting for the lively music scene, the rich history, or the mouthwatering Southern cuisine, Nashville has something for everyone. To ensure you have an unforgettable experience in this iconic city, we've compiled a list of recommended hotels that cater to various tastes and preferences. These Nashville hotels offer a combination of comfort, convenience, and Southern hospitality, making them perfect for any traveler:

GUIDE TO NASH

HOTELS



### FOUR SEASONS

In the heart of downtown's dynamic SoBro area, Four Seasons Hotel Nashville is just one block from Broadway with its live music and nightlife. Nature is at the doorstep with Riverfront Park, the Cumberland River and the John Seigenthaler Pedestrian Bridge offering dazzling downtown views. From Four Seasons, it's an easy walk to the Ascend Amphitheater, Bridgestone Arena, Nissan Stadium and the Music City Center convention complex.

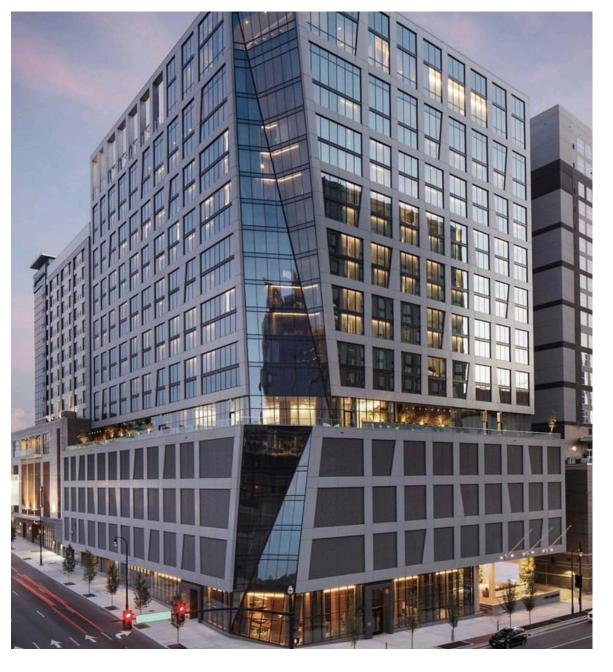
www.fourseasons.com/nashville



### **GRAND HYATT**

Grand Hyatt Nashville puts you in the heart of it all, with a Broadway location that's walking distance to The Gulch, Ryman Auditorium and Music City's top entertainment, sports and shopping destinations. Our luxury rooms and suites feature gorgeous hardwood floors, floor-to-ceiling windows for plenty of natural light and upscale bath amenities.

www.hyatt.com/nashville



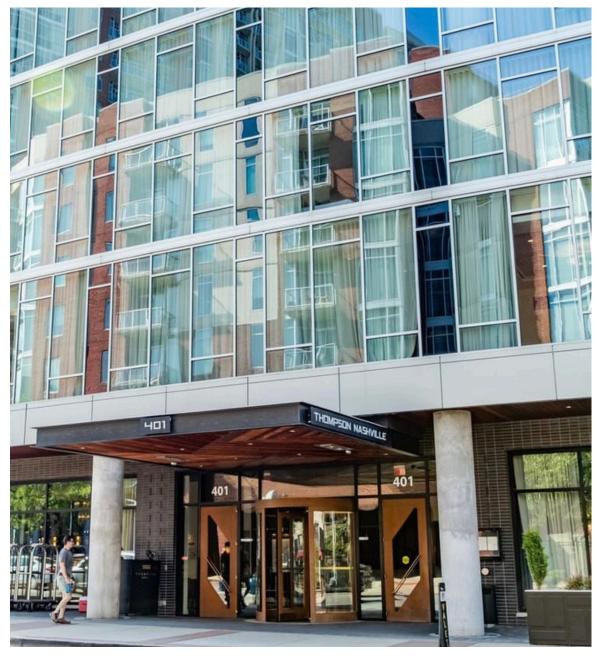
### THE JOSEPH

The Joseph, a Luxury Collection Hotel, is an experiential tale of downtown Nashville at its most refined. Indulge yourself in the arts. The Joseph is in the heart of SoBro allowing for easy, comfortable access to Nashville's varied arts and entertainment venues. Spend a day at Frist Art Museum near our hotel, take in a show at Ryman Auditorium or an orchestral performance at Schermerhorn Symphony Center.

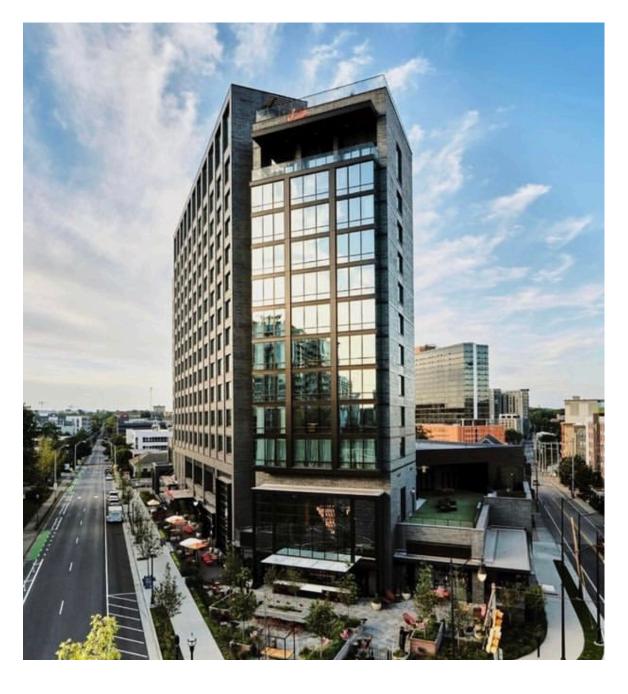
www.the josephnashville.com

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HOTELS







### THOMPSON NASHVILLE

Take in downtown Nashville through the Thompson Nashvilles guest rooms and suites, where sliding barn doors, chic midcentury-inspired furnishings and rainfall showers ensure your stay is everything you need it to be. With an electric atmosphere and unbeatable views of Music City, the roof top bar at L.A. Jackson is a must. It's a favorite among locals and tourists alike, offering craft cocktails, a diverse menu, and a chic ambiance that makes it the perfect place to enjoy Nashville's vibrant nightlife scene.

www.hyatt.com/thompson-hotels

### **W HOTEL**

Stay fully in the downtown Nashville, TN loop at W Nashville, the kind of hotel you will never forget. Taking center stage in The Gulch neighborhood, the luxury hotel stands ready to connect you with nearby attractions in Midtown, SOBRO, Music Row, the Arts District and more. Proof at the W Hotel is a chic and sophisticated roof top bar that combines stunning skyline views with craft cocktails and a vibrant atmosphere. Located in the heart of downtown, it's a premier destination for both locals and visitors and a lively social scene against the backdrop of the Music City's skyline.

www.marriott.com/hotels/bnawn-w-nashville

### VIRGIN HOTEL

Virgin Hotels is turning the volume all the way up in Music City. Located in the heart of Nashville's Music Row, you're just steps away from all the sights, sounds and tastes that make this vibrant city a 'must visit' destination. The Pool Club is a stylish and luxurious oasis in the heart of the city, providing a serene escape from the urban hustle and bustle. With its rooftop pool, cabanas, and sweeping views of downtown Nashville, it's a perfect spot to unwind, soak up the sun, and sip on refreshing cocktails in a trendy, upscale atmosphere.

<u>vir ginhotels.com/nashville/</u>

GUIDE TO NASH

PLACES TO STAY



### **VACATION RENTALS**

Nashville is a vibrant and culturally rich city known for its live music, southern hospitality, and a thriving food scene. When it comes to finding a place to stay in Music City, Nashville offers a wide range of Airbnb and vacation rental options to suit all tastes and budgets. From cozy urban apartments to luxurious rural retreats, you'll find a variety of accommodations that can enhance your Nashville experience.

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RENTALS



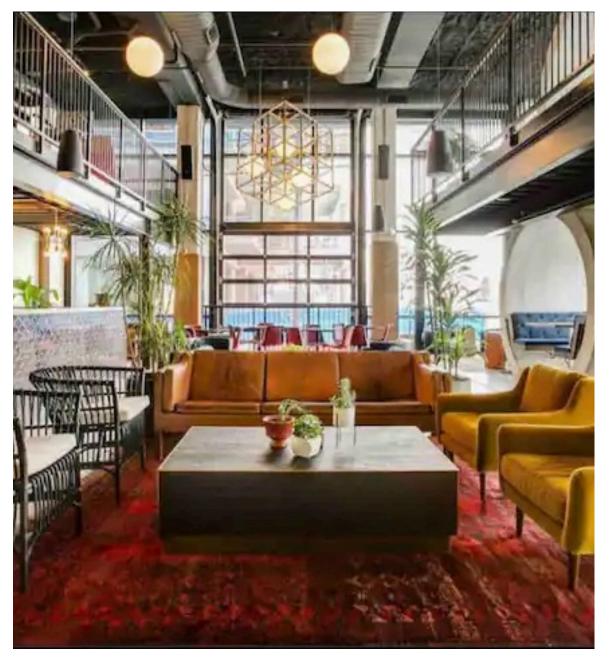
### THE GULCH RENTAL

Located in the chic Gulch neighborhood, this airy and spacious rental with four bedrooms will work for a group of up to 12. Boasting a rooftop with skyline views, immense space and only a mile away from Broadway, this is the perfect headquarters for any stay in Nashville. Bonus: Guests will receive a complimentary round of drinks or apps at the restaurant, Love Language.



### LEGACY HOSPITALITY

The short-term rentals within the Legacy Hospitality portfolio are luxurious, with meticulous decor and thoughtful amenities that make a Nashville stay peaceful and convenient.



### CHIC, CLEAN, & COMFY

Chic, Clean & Comfy Nashville, TN Airbnb

